



telehealth

Telehealth through HMSA

With HMSA's Online Care, you can see a doctor or other health care provider from the comfort and privacy of your home, office or anywhere. Get real-time answers to your health questions and concerns – anytime, anywhere.

FEATURES

- Get affordable visits without an appointment
- See a doctor 24/7, 365 days a year
- Have secure, confidential conversations
- Share health information from Apple's Health App with the doctor
- Have prescriptions sent directly to your pharmacy

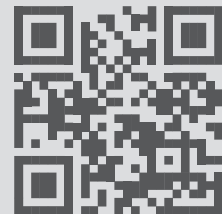
ONLINE CARE DOCTORS CAN HELP WITH:

- Sudden or acute conditions like bronchitis, or ear and sinus infections
- Chronic conditions like allergies, diabetes or hypertension
- Common conditions like headaches, colds or the flu
- Managing multiple medications, side effects or drug interactions
- Mental Health Issues

NEED A DOCTOR?

Save you and your family time and money by taking advantage of HMSA's Online Care.

- Call [866.939.6013](tel:866.939.6013)
- Visit hmsaonlinecare.com



need
help?

The Employee Services Team is a call or click away.
Call [877.262.8050](tel:877.262.8050) or email employeeservices@cmc.com